

# WE'RE LOOKING FOR BRITISH CYCLING RIDE LEADERS

Can you inspire your local  
community to get on a bike?



## British Cycling needs new Ride Leaders to help encourage more cycling for fun.

**Do you love recreational cycling?  
Do you want to help get your community  
on a bike?**

**Would you like to get a British Cycling  
qualification and lead Sky Ride Local  
guided rides?**

Sky Ride Local is all about bringing bike rides to  
local people, using routes planned by local people.

We're looking for confident recreational cyclists to  
train as Ride Leaders and Route Planners. You  
don't need to be an expert or super-fast, just have  
reasonable fitness and be confident riding in a  
group. Our Ride Leaders are friendly, enthusiastic,  
chatty people who love encouraging others and  
are happy to work as part of a team.

The assessed one-day course qualifies you to  
deliver guided rides for groups of beginner- and  
intermediate-level adults, and accompanied  
children, on roads and paths. A smaller number  
can go on to take the additional Route Planner  
training course.

In addition to free training, we'll provide you with  
branded kit, British Cycling Ride membership,  
payment for leading and assisting on rides, and  
access to other goodies.

In return, we expect Ride Leaders to be flexible  
with their weekend availability, to commit to  
leading on a minimum of four weekends during  
2014, and to use their qualification to run informal  
social rides in the community at other times.

On the Sky Ride Local programme, Ride Leaders  
work as part of a team, guiding rides together on a  
set route and at a set time specified by British  
Cycling (the majority of rides take place on Sundays).

Interested? Just complete the form on the reverse  
and email it to **[skyride@britishcycling.org.uk](mailto:skyride@britishcycling.org.uk)**



## EXPRESSION OF INTEREST FORM

If you're interested in training as a Ride Leader and guiding Sky Ride local rides, please complete the section below and return this form to [skyride@britishcycling.org.uk](mailto:skyride@britishcycling.org.uk)

Name
Address
Postcode
Telephone number
Email address
Tell us about yourself and why you'd make a great Ride Leader
Do you have a first aid qualification? Yes: <input type="checkbox"/> No: <input type="checkbox"/> I'd be happy to complete one: <input type="checkbox"/>

All expressions of interest will be reviewed by British Cycling.

If you have any questions or require further information, please email [skyride@britishcycling.org.uk](mailto:skyride@britishcycling.org.uk)